

## **Little Traverse Bay Pony Club “Winter Ride Camp”**

**With Susy White M.S. Equine Performance Training & Consulting**

**Cedar Creek Crossings on December 29 & 30 2013**

Little Traverse Bay Pony Club is hosting a Winter Ride Camp at Cedar Creek Crossings this December 29<sup>th</sup> and 30<sup>th</sup> with local horse professional, Susy White. Susy offers riding lessons, training, nutritional & management consulting, guest lectures and clinics. She comes to us from the Delaware Valley College, Equine Science and Management Department (2003-2013), Michigan State University where she coached hunt seat, dressage & western intercollegiate riding teams (2001-2003) and she holds a M.S. in animal science with an equine emphasis from MSU as well.

We will be discussing topics such as how the horse moves and how to improve movement, understanding the Pony Club levels and expectations, thermoregulation in horses, equipment pieces and parts, the horses digestive system and diet as well as when where and how to wrap legs with what and why. We will learn proper dressage position and aids-on our ponies as well as exercises to improve equitation on the flat, poles and grid work. We will have lots of fun, good food and make new friends in a comfortable and safe environment.

Riders and Ponies should arrive at camp around 10 a.m. on Sunday, December 29<sup>th</sup>. Move in and set-up should be done by 12:00 so we can have lunch and a lecture before we groom and tack up our ponies for the mounted lesson. We will begin our wrap up, pack up and head home process at 3:00 p.m. and be finished by 5:00 p.m. on Monday, December 30<sup>th</sup> so all of the campers can be safely home for New Year's eve.

The cost of the camp is \$100/rider and each participating family would be responsible to provide one of the six meals/snacks needed for the camp. This cozy winter camp is open to any Pony Club member in the Great Lakes Region and is focused on the “D” level rider. There is a 12 rider limit so please let me know if you would like to participate by December 15<sup>th</sup> and your payment would be due by December 21<sup>st</sup>. Parents are invited to help with serving meals, help supervise and watch the lessons but should not help assist their young riders. Older kids will be helping the younger kids. Due to lack of space, parents will not be able to camp all night with us, however, if you have a camper or horse trailer with sleeping quarters (and heat), you are welcome to stay. I will need at least one adult volunteer to spend the night with our campers. Please call me if you have any questions.

This event should be a fun, safe, educational and enlightening. We will laugh, learn and be cheerful in the Pony Club way!

Jill Byard

LTB-PC JtDC

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